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Student assessments are an important component of i-SAFE. When beginning the i-SAFE program with these lessons, i-SAFE strongly encourages educators to administer the pre-assessment online at **http://auth.isafe.org/selftest/index.php**.

To verify a School ID#, login at **www.isafe.org**, go to the My Info page and select "Find your school ID."

Upon completing the i-SAFE lessons, please direct your students to take the online post-assessment. Assessment data can be used by your school/district as a reliable measurement of its Internet safety education policy.

LESSON 1—Your Online Safety: Understanding the Issues

Learning Objectives

Students will:

- identify the basic risk issues associated with Internet use
- identify and associate risky behaviors with online issues
- discuss how screen names, passwords, profiles, etc., can keep you safe or lead to trouble

Activity 1: Survey

1. Have students complete the survey.
2. Share and discuss survey results.

Discussion 1

As a class, discuss each of the following questions.

Please note key bullet points and follow-up questions for discussion.

1) How much time do you spend on the Internet on a weekly basis?

- Does the amount of time spent online put one at more risk for online issues/dangers?

2) Those students who spend a lot of time online, have you faced online issues? What were they? 2) Do you visit chat rooms?
- What types of things have you seen in chat rooms?
- Have you seen bullying?
- Have you seen inappropriate comments/come-ons?

3) Have you been asked for personal information (i.e. name, birth date, gender, location, phone, etc.)? 3) Have you ever spoken to someone from a chat room who you personally do not know?

- Reinforce the concept that anyone met online is a STRANGER.

4) That means you cannot trust them, they could lie, or they could have ulterior motives. 4) Do you have a profile about yourself online?
- What information does a typical profile ask for?
- How can profiles be used by bullies and/or predators?
- Do you HAVE to fill out profiles?

5) Why would it be a good idea to leave a profile blank? 5) Have you ever been asked for your A/S/L (age/sex/location)?
- How did you respond?
- Why would anyone online need that information?
- How can this information be used for inappropriate purposes?

6) When chatting online, do you use IM (instant messaging)?

    • How much time do you spend on IM?

7) Have you ever been harassed or approached in an inappropriate manner through IM? 7) How many people are on your buddy list?

    • Do you personally KNOW those on your buddy list?

8) Do you add strangers to your buddy list? 8) Where do you keep your computer?
    •   Do you have rules in your household for computer usage?
    •   Do your parents know what you do online?
•   Would your parents approve of your online activities?

9) Do you think it is safe to speak with people you do not know while you are online?

    • What would you do if you were harassed or solicited online?

10) Have you ever given out personal information while chatting online (example: name, age, location, school, etc.)?
    •   What do you consider personal information?
    •   How can personal information be used inappropriately?

The goal of the discussion and survey should be to jump-start discussion and get students talking about the issues and safety online.

Activity 2: True Story Script

    1)   Select two students to read the true-life story script.
    2)   Briefly discuss the story—keep discussion to basic topics/answers. Ask how and why did this happen?
    3)   What are some safety/security risks Christina was taking when online?
       •   discussed screen name
       •   did not communicate with parent/guardian
       •   did not treat those met online as strangers
    4)   Guide the discussion to cover student knowledge of the following: ease of online relationships, ease of trusting those online, ease of gathering direct and indirect information, etc.

Wrap-Up Discussion

•   Discuss what issues/topics have come up from today's survey and true-story script.
•   Do students think that they are doing everything possible to stay safe online?
•   Inform students that the next lesson will delve into proactive advice on how to stay safe online.
•   Remind students to register at **www.isafe.org** by clicking on "Create an Account" if they haven't done so already.

Student Survey

1) How much time do you spend on the Internet on a weekly basis?
- less than 2 hours
- 2–3 hours
- 6–12 hours
- 12 or more hours

2) Do you visit chat rooms?
- Yes
- No

3) Have you ever spoken to someone from a chat room who you personally do not know?
- Yes
- No

4) Do you have a profile about yourself online?
- Yes
- No

5) Have you ever been asked for your A/S/L (age/sex/location)?
- Yes
- No

6) When chatting online, do you use IM (instant messaging)?
- Yes
- No

7) How many people are on your buddy list?
- 0–10
- 10–20
- 25–50
- 50 or more

8) Where do you keep your computer?
- living room/family area
- bedroom
- parents' bedroom
- parents' office

9) Do you think it is safe to speak with people you do not know while you are online?
- Yes
- No

10) Have you ever given out personal information while chatting online (example: name, age, location, school, etc.)?
- Yes
- No

Script—True-Life Story

Christina, 14, and Saul, 25

Christina: My name is Christina. I'm 14 years old and, you know, I guess I'm pretty normal. I live in Danbury, Connecticut. I go to a private school, and I'm on the cheer leading squad. Go Titans! Last semester, I got all A's and a B. Algebra is not my thing. On weekends, I like to go to the Danbury Fair Mall with my friends and hang out.(stop)

Saul: My name is Saul. I'm from a small town in Brazil but grew up and went to school in the U.S. I like to go into chat rooms and talk to young girls about things that interest them. I like to use chat rooms because I can hide who I am and can talk about anything I want. My screen name is Hot ES 300, named after my Lexus. You see I like to chat with girls that have the same interest as I do. (stop)

Christina: I really like chatting online. I've met a lot of cool people that way. Kids who like what I like. Sometimes when I'm feeling alone, I turn on the computer and see who's chatting. I can sit in my room and chat online for hours. I met one of my best friends online. It's weird, but we totally like the same things, so we have a lot to talk about. His screen name is Hot ES 300, and he's from Rhode Island. I can talk to him about anything—school, guys, and my family. I have friends, but I've never had a friend like him. It's different because I can talk to him about everything, even my other friends. (stop)

Saul: One afternoon in April of 2000 I was instant messaging various people who have similar interests as me and began to chat with a girl whose screen name was Long 2 hot 4 u. Her real name is Christina Long from Danbury, Connecticut. Our similar interests were fast cars. We also liked to flirt with each other. (stop)

Christina: We started chatting about cars and pretty soon we were talking about all kinds of other stuff—personal stuff. He really gets me. No one really knows about him, which is cool. It's like this thing that's totally just between us. He told me that if I told my aunt she might worry, so I should just keep everything between us. He's right, she would probably freak if she knew that I talked to him last week. (stop)

Saul: Today is May 17th, and I am going to meet her at the mall. This is the second time that we are meeting in person. I cannot wait until tonight. It is going to be a night we will never forget. (stop)

Christina: He wants to meet me at the mall. He's driving from Rhode Island just to take me for dinner next Saturday. I'm really excited to meet him. I know exactly what I'm going to wear, and I'm sure he is going to like it. (stop)

Saul: What she doesn't know is that I am going to take her in my car, rape, and then strangle her to death. I am going to dump her body in a ditch and lie to police just like I lied to her. My name is Saul dos Reis. I am 25 years old. I am now sitting in an eight-by-eight-foot cement room. I will be here for the next 30 years for the enticement, seduction, and murder of the girl I met online named Christina. (stop)