PASSWORDS Create a sentence and 4 passwords using that sentence. The password must score above 90% on the website http://www.passwordmeter.com/

>	Passwords must have a
	minimum of 8 characters.
>	Passwords
	must contain
	3/4 of the
	fallandaa

- following items: - Uppercase
- Letters - Lowercase Letters
- Numbers Symbols(#%&^)

1.	Create a sentence∎	Don't be	late for	dinner.
1.	Create a sentence ■	Don t be	iate ioi	ainnei

	1. Create a sentence∎	Don't be late for diffici.				
3	Password	Type the	Percent New Improved Password		New Percent	
	2. dbL84d	Password into the website.	43%	db_L8_fourd@4	100%	
	3. d_bee_L8#4d!	Record	100%			
	4. dbL8four_2020	the Percent.	100%			
۱)	5. dBeelate4d		65%	dBee_late4d!	91%	

1. Write your password sentence on the line.

Create a password using the first letters of each word, number and symbols to form the sentence you created in #1.	Go to the	Percent	Improve the Password so it earns more than a 90% score. Run the New Password.	New Percent
2.	<u>Password Checker</u> <u>Website</u>	%		
3.	<u>called</u> Password Meter	%		
4.	http://www.passwordmeter.com/ Record the Percent.	%		
5.	Ctrl CLICK	%		

Mrs. Potton and Ms. Church's Health Unit

Lesson B

Home Health Teacher

Name

INTERNET SAFETY

After watching four videos in class, answer the following questions.

If you were absent, go to the website below to watch the four videos.

https://tinyurl.com/y5txbtrw

- 1. YES or NO Marcus, a seventh grader, is chatting with Joel, a friend he knows only through an online virtual world. Joel asks Marcus if he wants to meet in person sometime. Is it okay for Marcus to agree to meet Joel in person by himself?
- 2. Alice is friends with someone who she only knows through an online chat room. Alice knows that when she makes an online-only friend, she needs to be careful. Alice's online friend asks the following three questions. Which question should she not answer?
 - a. What bands do you like most?
 - b. Will you promise to keep our friendship secret?
 - c. Isn't it cool that we like the same TV shows?
- 3. **True or False** Flirting with somebody you meet online is safe, as long as you are in control of the situation.
- 4. **YES or NO** I have a digital picture of myself and someone I met online wants to see it. Is it OK to send it to that person?
- 5. **YES or NO** I'm visiting a site from a company that I've heard was really cool. They want me to add my phone number and birthday so I can enter a contest. Is it OK to enter?
- 6. I am in the middle of a chat session and someone says something really mean. Should I
 - a. Say something mean?
 - b. Should I ask them to apologize?
 - c. I should take a screen shot or Snip-it and talk to an adult.
- 7. **True or False** My parents' and I have established rules as to what I can do on the Internet when I am home, but I am at a friend's house and my friend enters a chat room that my parents would not approve. It is ok to stay on the site because my parents will never know.
- 8. **True or False** Anything I send in my private e-mail, IM, DM or chat cannot be seen by others.

CYBERBULLYING: CROSSING THE LINE

- 9. **True or False** Every time Ricardo messes up in an online game, another player sends him several messages making fun of him. Ricardo thinks the messages are funny, until he gets one that hurts his feelings. Ricardo is being cyberbullied.
- 10. Carmen was checking her email at school and she forgot to log off when she left the computer lab. The next person to use the computer used her email account to send mean messages to Carmen's friends.

Carmen should.....

- a. delete her email account.
- b. never use the computer at school again.
- c. try to find out who did it so she can get them back.
- d. change her password, and send emails to her friends explaining what really happened.
- 11. Which of the following are examples of cyberbullying? Read each answer choice, and then **circle YES or NO**.

a. Altering photos of friends in a goofy way, but not in a mean way.

YES or NO

b. Making a physical threat online

YES or NO

c. Telling someone that you like them onlined. Physically pushing someone

YES or NO

e. Saying something mean about someone based on their race, gender, ability, religion, or sexual orientation.

YES or NO

- 12. The answer choices below are examples of comments someone might say online. Each one contains words written in ALL CAPS. Which word or phrase would be considered **flaming**?
 - a. "NO WAY! That's SO cool!"
 - b. "LOL I can't stop laughing"
 - c. "SERIOUSLY? NOBODY CARES. GET OUT."
- 13. **YES or NO** I'm online and I get a message from my Internet service provider asking for my password. They say they need it to fix my account. Should I give it to them?